

Mobil Phone Speed Dial

For people who have a cellular telephone, it is possible to call Cruz Roja using the speed dial feature on their phone. Check with your service provider regarding the set-up of speed-dial on your phone. Some use the number “4” as the speed dial number, as it resembles a cross, making it easy to remember. If you need a phone, some service providers have service plans which provide low-cost access, on a fee-per-call basis.

ICE – Emergency Contacts in Your Mobil Phone

Cell phone users are being urged to enter a number in their phone's memory with the acronym ICE, for In Case of Emergency, with the contact person's name and number; for example, “ICE Mary Wife 555-5555”. Paramedics or police would be able to quickly find the number and use it to reach a relative or friend who could help identify deceased victims and treat injured ones, by providing vital personal information, including details of any medical conditions.

Having this information on your person in written form would be helpful. There are Red Cross cards available in the LCS business office and at the Red Cross table out in the coffee patio. These cards are very important, since they walk a person through what they should say in Spanish to the Cruz Roja emergency call center in the event of an emergency.

Emergency Medical Services in Lakeside

This is a personal response program designed to rescue subscribers in a medical emergency. Subscribers wear a pendant or bracelet device bearing a panic button they can press in a medical emergency. An alert will be sent to an Emergency Response Center. For information call 376-766-0171.

Suggested List of who to program into your Cell Phone Address Book

Add to your cell phone:

- Red Cross Ambulance
- Spouse or companion
- Family members
- Local doctors; doctors in home country
- Jalisco Emergency number
- Local Clinic/Hospital
- Angles Verde/Green Angels car help
- Mexico Emergency number
- Car Insurance Agent

SET UP YOUR CELL PHONE

- Transito Police for auto accident in Jalisco
- Transito Police in Guadalajara for auto accident
- Health Insurance company
- Blood Donor numbers
- Air Ambulances
- Close local fiends
- Local attorney
- Home country attorney
- Consulate in Guadalajara.